

**DOW MEDICAL COLLEGE**  
**FIRST PROFESSIONAL YEAR MBBS – Batch 2031**  
**FOUNDATION - I MODULE (2026) TIME TABLE: WEEK 5**

| Days                 | 8:30- 9:30 AM   | 9:30 - 10:30 AM   |   | 11:00 - 12:30 PM  |  | 1:30 – 3:00 PM   |
|----------------------|---|---|---|---|--|--|
| <b>MON</b><br>16/2   | <b>PATHOLOGY</b><br>Chromosomal Disorders<br><b>DR HINA ABBAS</b><br><b>NLH -1</b>  | <b>BIOETHICS</b><br>What is Bioethics and its Importance in Medicine<br><b>PROF JAMSHED AKHTER</b><br><b>NLH -1</b>                               | <b>T<br/>E<br/>A<br/><br/>B<br/>R<br/>E<br/>A<br/>K</b> | 1. A = <b>HISTOLOGY (Practical)</b> Connective Tissue <b>DR SOOFIA TABBASUM HISTO LAB</b>   | <b>L<br/>U<br/>N<br/>C<br/>H<br/><br/>B<br/>R<br/>E<br/>A<br/>K<br/>A<br/>N<br/>D<br/><br/>N<br/>A<br/>M<br/>A<br/>Z<br/>E<br/>Z<br/>O<br/>H<br/>A</b> | <b>MICROBIOLOGY</b><br>Classification of Medically Important Bacteria<br><b>DR SAMBREEN ZAMEER</b><br><b>NLH-1</b> |
|                      |   |   |   | 2. B = <b>PATHOLOGY (Practical)</b> Adaptation of Cellular Growth and Differentiation <b>DR RIDA HALL # 102</b>   |  |  |
|                      |   |   |   | 3. C = <b>BIOCHEMISTRY (Practical)</b> Enzyme detection in given sample <b>DR BILAL BIOCHEM LAB</b>   |  |  |
|                      |   |   |   | 4. D = <b>MUSEUM STUDY Skeletal System:</b> (Division and Function) Classification of Bones, Gross Structure of Adult Long Bone +The Parts of Young Long Bone<br><b>DR SAAD KHALID ANATOMY MUSEUM</b> |  |  |
|                      |   |   |   | 5. E = <b>CBL DR NOOR UL ELMA HALL # 104</b>  |  |  |
|                      |   |   |   | 6. F = <b>COMMUNITY MEDICINE (TUTORIAL)</b> Health Management Information System <b>DR VINOD HALL #101</b>  |  |  |
| <b>TUES</b><br>17/2  | <b>BIOCHEMISTRY</b><br><b>Carbohydrates:</b> Disaccharide and Polysaccharides<br><b>DR. AHSAN</b><br><b>NLH-1</b>                                       | <b>PATHOLOGY</b><br>Apoptosis<br><b>DR AYESHA HUMERA</b><br><b>NLH-1</b>  |   | 1. B = <b>DR SOOFIA TABBASUM</b><br>2. C = <b>DR RIDA</b><br>3. D = <b>DR BILAL</b><br>4. E = <b>DR FARAZ SALEEM</b><br>5. F = <b>DR NOOR UL ELMA</b><br>6. A= <b>DR. LUBNA RAZA</b>                  |  | <b>SELF STUDY</b>  |
| <b>WED</b><br>18/2   | <b>EMBRYOLOGY</b><br><b>Female Reproductive Organs</b> (Ovarian Cycle + Menstrual Cycle) -1<br><b>DR. UZMA HAMEED</b><br><b>NLH-1</b>                   | <b>BIOCHEMISTRY</b><br><b>Amino Acids:</b> Structure, Functions and Classification (Essential Amino Acids)<br><b>PROF. DANISH</b><br><b>NLH-1</b> |   | 1. C = <b>DR HINA ZEHRA</b><br>2. D = <b>DR RIDA</b><br>3. E = <b>DR. AREEBA</b><br>4. F = <b>DR. IQRA BHATTI</b><br>5. A = <b>DR NOOR UL ELMA</b><br>6. B = <b>DR. ASHRAF JAHANGIR</b>               |  | <b>PATHOLOGY</b><br>Intracellular Accumulations<br><b>PROF. NASEEM AHMED</b><br><b>NLH-1</b>                       |
|                      | <b>8:30 – 9:30 AM</b>   | <b>9:30 – 10:30 AM</b>  |   | <b>10:30 AM – 12:00 PM</b>  |  | <b>12:00 – 1:30 PM</b>   |
| <b>THURS</b><br>19/2 | <b>PHARMACOLOGY</b><br><b>Pharmaco- Kinetics</b> (overview)<br><b>DR. KASHIF</b><br><b>NLH-1</b>  | <b>EMBRYOLOGY</b><br><b>Female Reproductive Organs</b> (Ovarian Cycle + Menstrual Cycle) -II<br><b>DR AISHA HAQ</b><br><b>NLH-1</b>               |   | 1. D = <b>DR HINA ZEHRA</b><br>2. E = <b>DR RIDA</b><br>3. F = <b>DR. AREEBA</b><br>4. A = <b>DR. IQRA BHATTI</b><br>5. B = <b>DR NOOR UL ELMA</b><br>6. C= <b>DR. GATI ARA</b>                       |  | <b>BIOCHEMISTRY</b><br>Protein Classification and Functions<br><b>DR SADIA AFZAL</b><br><b>NLH-1</b>               |
| <b>Fri</b><br>20/2   | <b>GROSS ANATOMY (DEMO)</b><br>Bone development (ossification) + Cartilage<br><br>A+B+C = <b>DR SABAHAT NLH -1</b><br>D+E+F = <b>DR AMNA MUGHAL ALH</b> | <b>SELF STUDY</b><br><b>10:00 – 10:30 AM</b>  |   | 1. E = <b>DR. SHANZA KHALIQ</b><br>2. F = <b>DR RIDA</b><br>3. A = <b>DR. AREEBA</b><br>4. B = <b>DR FARAZ SALEEM</b><br>5. C = <b>DR NOOR UL ELMA</b><br>6. D = <b>DR. VINOD KUMAR</b>               |  |  |
| <b>Sat</b><br>21/2   | <b>EMBRYOLOGY</b><br><b>Gametogenesis:</b> Spermatogenesis and Spermiogenesis<br><b>DR AMIR AHMED</b><br><b>NLH-1</b>                                   | <b>HISTOLOGY</b><br>Muscular Tissue<br><b>DR MAHRUKH KAMRAN</b><br><b>NLH-1</b>   |   | 1. F = <b>DR. SHANZA KHALIQ</b><br>2. A = <b>DR RIDA</b><br>3. B = <b>DR. AREEBA</b><br>4. C = <b>DR SAAD KHALID</b><br>5. D = <b>DR NOOR UL ELMA</b><br>6. E = <b>DR MUSTAFA HUSSAIN</b>             |  | <b>COMMUNITY MEDICINE</b><br>Health Care Delivery System of Pakistan<br><b>DR GATI ARA</b><br><b>NLH-1</b>         |

**NOTE: Ramazan timings are subject to the sighting of Moon.**